



If the person gambled every month or more, or if you suspect that they are having problems with their gambling habits, continue with the questionnaire.

|            |          |           |   |               |       |           |   |        |   |    |
|------------|----------|-----------|---|---------------|-------|-----------|---|--------|---|----|
| Not at all | A little |           |   | Moderately    | A lot | Extremely |   |        |   |    |
| 0          | 1        | 2         | 3 | 4             | 5     | 6         | 7 | 8      | 9 | 10 |
| Never      | Once     | Sometimes |   | Several times |       | Often     |   | Always |   |    |

**5. ÉCo-JHA / Consequences**

**In the past 12 months, did your gambling habits...**

- a. impair your responsibilities or your commitments ?..... 0 1 2 3 4 5 6 7 8 9 10
- b. impair your mood (depressed, stressed, angry, others) ?..... 0 1 2 3 4 5 6 7 8 9 10
- c. impair your social, sports or leisure activities ?..... 0 1 2 3 4 5 6 7 8 9 10
- d. impair your finances ?..... 0 1 2 3 4 5 6 7 8 9 10
- e. lead you to isolate yourself ?..... 0 1 2 3 4 5 6 7 8 9 10
- f. lead you to lose motivation or interest ?..... 0 1 2 3 4 5 6 7 8 9 10
- g. cause you exhaustion or major fatigue ?..... 0 1 2 3 4 5 6 7 8 9 10

|                 |  |  |
|-----------------|--|--|
| <b>Subtotal</b> |  |  |
| <b>Q. 5 a-g</b> |  |  |

**6. ÉDép-JHA / Addiction**

**In the past 12 months, did you...**

- a. worry about not being able to gamble/bet ? ..... 0 1 2 3 4 5 6 7 8 9 10
- b. have strong cravings to gamble/bet ?..... 0 1 2 3 4 5 6 7 8 9 10
- c. have difficulty limiting your gambling/betting habits ?..... 0 1 2 3 4 5 6 7 8 9 10
- d. have trouble getting through your days without gambling/betting ?..... 0 1 2 3 4 5 6 7 8 9 10
- e. try to reduce or stop gambling/betting unsuccessfully ?..... 0 1 2 3 4 5 6 7 8 9 10
- f. feel that your gambling/betting habits was taking up a lot of your time ?..... 0 1 2 3 4 5 6 7 8 9 10
- g. continue to gamble/bet knowing that it would cause you a lot of problems ?..... 0 1 2 3 4 5 6 7 8 9 10

|                 |  |  |
|-----------------|--|--|
| <b>Subtotal</b> |  |  |
| <b>Q. 6 a-g</b> |  |  |

**7. ÉMo-JHA / Causes**

**In the past 12 months, did you gamble / bet...**

- a. to relax, to reduce your stress or your anxiety ?..... 0 1 2 3 4 5 6 7 8 9 10
- b. when you felt lonely or sad ?..... 0 1 2 3 4 5 6 7 8 9 10
- c. to forget your problems or avoid feeling your emotions ?..... 0 1 2 3 4 5 6 7 8 9 10
- d. when you felt frustrated or angry ?..... 0 1 2 3 4 5 6 7 8 9 10

|                 |  |  |
|-----------------|--|--|
| <b>Subtotal</b> |  |  |
| <b>Q. 7 a-d</b> |  |  |

|                    |  |  |  |
|--------------------|--|--|--|
| <b>Total score</b> |  |  |  |
| <b>Q. 5 to 7</b>   |  |  |  |

| Gambling | Score interpretation                      |
|----------|---|
| Adults   |   |
| 0 - 28   | Green light: Prevention                   |
| 29 - 50  | Yellow light: Early Intervention          |
| 51 +     | Red light: Specialized addiction services |

I authorize the transmission of this evaluation and the sharing of my personal informations, for the purpose of service referral, with any public, private, or community organization.  
 Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_  
 Signature of interviewer