

Veille en sport, loisir et activité physique Recension février 2022

Voici une compilation de la recension de février 2022. Vous y trouverez 30 références.

Bonne lecture!

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Résumés

1. Développement du sport

Moderators of the coach leadership and athlete motivation relationship

The purpose of this study was to determine whether the relationship between coach leadership and athlete motivation was moderated by age, gender, competition level, and seasons spent with a coach. This study involved data from two previous studies that explored this relationship yet provides a novel perspective through the lens of important moderators. Three-hundred and three athletes (Mage=17.6 years; SD=3.20; 49.7% women and 50.3% men) responded to questionnaires pertaining to their coaches' leadership behaviours and their own sport motivation. Multiple regression analyses using moderators were conducted. Age, competition level, and seasons spent with the coach significantly moderated the relationships of interest. Coach transformational leadership predicted intrinsic and extrinsic motivation to a greater extent when athletes were younger than 20.8 and 18.2 years of age, respectively. Further, coach transactional leadership predicted intrinsic and extrinsic motivation to a greater extent when athletes had trained for more than two seasons with their coach. Results emphasize the need to consider athlete characteristics from both research and practitioner perspectives. Herein, we advocate for increased awareness amongst key sport stakeholders on the influence that a coach can have on younger athletes' motivation and the importance of developing coach-athlete relationships over time.

López de Subijana, C., Martin, L. J., McGuire, C. S., & Côté, J. (2022). Moderators of the coach leadership and athlete motivation relationship. European Journal of Sport Science, 1-11. doi:10.1080/17461391.2022.2041101

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Centralizing forced immigrant male youths' stories in the development of socially just and inclusive community sport programs

Sport is often touted as a context that can foster the development of positive relationships between people from diverse cultures. Researchers seeking to develop knowledge about how integrative sport programs may be developed have rarely recognized the agency and expertise of asylum seeking and refugee (i.e., forced immigrant) youth. Our focus stems from a community-based participatory action research (CBPAR) project conducted with forced immigrant youth aimed at centralizing their stories around how socially just and integrative sport contexts which sustain their engagement can be developed. Storytelling relationships developed through arts-based conversational interviews and a reflexive thematic analysis, grounded in social constructionism, culminated in the collaborative writing of a polyphonic vignette featuring three composite characters. Scene 1 is used to portray how forced immigrant youth initially engaged informally in sport in the host community. The story transitions in the second scene to youths' engagement in formal, organized sport programs available in the host community. Scene 3 concludes with descriptions of the relationships the youth developed through community sport programs and the corresponding influence on their (sustained) engagement. We then discuss the importance of broadening the focus on individual development and performance that underpin many community sport programs in North America to helping youth feel a sense of connectedness and belonging to their community. We conclude with methodological and practical considerations to affirm the expertise of forced immigrant youth in the development of socially just and integrative sport contexts.

Middleton, T. R. F., Schinke, R. J., Habra, B., Coholic, D., Lefebvre, D., McGannon, K. R., & Giffin, C. E. . (2022). <u>Centralizing forced immigrant male youths' stories in the development of socially just and inclusive community sport programs</u>. *Sport, Exercise, and Performance Psychology*.

Comparison Of Team Sport Athletes' And Individual Sport Athletes' Moral Idenity And Antisocial/Prosocial Behavior In Sports

Sport as a common activity for pleasure and health all over the world is also understood to have the potential to foster the development of moral reasoning skills and sportsmanship in athletes, making sport an effective tool for moral and character development. The purpose of this study was to explore moral identity as well as social behavior (antisocial and prosocial) in team sport and individual sport athletes. Participants were 62 individual sport athletes and 80 team sport athletes located at the University of Alabama. Data were collected using two questionnaires and analyzed using SPSS 22.0.

Moral identity was measured using the Moral Identity Questionnaire (MIQ by Aquino & Reed, 2002) whereas Prosocial and antisocial behavior was measured using the Prosocial and Antisocial Behavior in Sports Scale (PABSS by Kavussanu & Boardly, 2009). In this study, team sport athletes scored higher on antisocial behavior towards opponents compared to individual sport athletes. When comparing gender, male athletes also scored higher on antisocial behavior towards opponents than female athletes. Finally, results also showed a weak negative correlation between moral identity and antisocial behavior towards opponents. Such antisocial behaviors should be regarded with importance by coaches and parents in being aware of the factors that may influence moral identity development or antisocial behavior.

Hanle, L. M. M. (2021). <u>Comparison Of Team Sport Athletes' And Individual Sport Athletes' Moral Idenity And Antisocial/Prosocial Behavior In Sports</u>. (Master of Arts). University of Alabama, Tuscaloosa, Alabama. Retrieved from https://ir.ua.edu/bitstream/handle/123456789/8272/u0015_0000001_0003997.pdf?sequence=1&isAllowed=y

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Education in Sport and Physical Activity: Future Directions and Global Perspectives

Sport and physical activity are embedded in our education systems and in wider society. This book takes the broadest possible look at this topic, across every key discipline and on different continents, opening up important new directions for the future development of sport and physical activity education. The book examines education in sport coaching, sport management, PE teacher training, physical activity and health promotion, and the emerging discipline of outdoor studies, considering how trends such as globalisation, digitalisation, and privatisation are having a profound impact on education programs.

It identifies some of the most important societal issues that must be addressed by sport and physical activity educators, including healthy lifestyles, inequality, intercultural aspects, human rights, and emerging technologies, and looks at how sport and physical activity education in Europe, North America, Latin America, Asia, and Australasia is evolving to meet these challenges. Designed to invite self-reflection, to provoke debate and to open up new cross-disciplinary and international perspectives within sports organisations and higher education institutions, this book is fascinating reading for advanced students, researchers, teachers, and policy makers with an interest in sport and physical activity.

Petry, K., & de Jong, J. . (2022). Education in Sport and Physical Activity: Future Directions and Global Perspectives: Routledge.

Significance Of Sport Activities For Persons With Disabilities

Although there are numerous categorizations and large differences in the specific characteristics between individual categories of disabilities, they all have something in common - barriers that people with disabilities deal with. Social, physical and mental limitations can be reduced or removed through sport, which can significantly improve the quality of life of people with disabilities, as we will try to document in this paper by research findings.

Unfortunately, even today, the usual societal attitude about the quality of life of people with disabilities is not focusing on specific social and cultural context affecting disability. Instead, we are still focusing on individual coping strategies and behaviors in response to difficulties arising from biological limitations. Psychology is one of the sciences whose contribution to this topic can be important, especially in providing a framework for evidence-based practice. Simultaneously, promoting this topic can, hopefully, contribute to improving relevant policy.

Obradović, S., Nikodelis, T., & Stojković, M. (2021). <u>Significance Of Sport Activities For Persons With Disabilities</u>. *Godišnjak za psihologiju, 18,* 27-40. Retrieved from https://doi.org/10.46630/gpsi.18.2021.02

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The Role Of Sport In Woman

Women's participation in sport has a long history. It is a history marked by division and discrimination but also one filled with major accomplishments by female athletes and important advances for gender equality and the empowerment of women and girls

Muhiddinovich, G. N. (2022). The Role Of Sport In Woman. Web of scientist: International scientific research journal, 3(1).

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Coaching Style and Self Confidence in Elite Athletes

This study aims to determine the effect of the coach's leadership style on the athlete's confidence. The research method in this research is expost facto. The sample in this study was 146 athletes who are members of the East Java Regional Training Center. Test analysis using Analysis of Variance (ANOVA). Based on these calculations and criteria, the results (Sig.) 0.000 < 0.05, meaning that there is an influence of the coach's leadership style on the athlete's confidence. Judging from the mean value of the authoritarian coach leadership style is 12.23, the authoritative parenting style is 18.24, it means that the authoritative coach leadership style has the highest influence on the athlete's self-confidence, and is better than the authoritarian leadership style.

Prasetiyo, R., Maksum, A., & Priambodo, A. (2022). <u>Coaching Style and Self Confidence in Elite Athletes</u>. *International Journal of Multicultural and Multireligious Understanding, 9*(1). Retrieved from http://dx.doi.org/10.18415/ijmmu.v9i1.3410

Esports Business Management

Aucun résumé disponible.

Baker, B. J. (2022). Esports Business Management. Journal of Sport Management, 36(1), 103-104. doi:10.1123/jsm.2021-0220

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Finding Joy in the Journey: Sustaining a Meaningful Career in Sport Management

In her 2020 Earle F. Zeigler Award address, Marlene Dixon presented and discussed five elements of a sustained career in academia: Lifelong Learning, Authenticity, Relational Mentoring, Work-Life Balance, and Faithfulness. Dixon suggests that remaining open to new learning and taking risks helps increase capacity and vigor. Authenticity brings richness, voice, durability, and purpose. Relational mentoring brings connection, community, enrichment, and longevity. Cultivating work-life balance, rest, and self-care not only helps avoid burnout, but also improves creativity, playfulness, and liveliness. Finally, leveraging the extended metaphor from Tolkein's *Leaf by Niggle*, Dixon argues that faithfulness, rather than visibility or measurable outcome, defines the meaning and value of our work and contribution not only to science, but also to our life circles.

Dixon, M. A. (2022). Finding Joy in the Journey: Sustaining a Meaningful Career in Sport Management. Journal of Sport Management, 36(1), 1-8. doi:10.1123/jsm.2021-0243

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A systematic literature review of charity sport event sponsorship

Research question: Organisations choose to sponsor charity sport events (CSE) to achieve a variety of marketing objectives. Sponsoring CSEs is different than traditional sport event sponsorship programmes because CSEs combine sport with charity. The complexity of CSE sponsorship has attracted researchers from different disciplines, which has resulted in a wide-ranging body of literature. The purpose of the current systematic literature review is to synthesise the existing body of knowledge to identify future research opportunities.

Research method: A systematic literature review of the existing CSE sponsorship literature was conducted. In total, 42 English peer-reviewed journal articles were analysed to summarise the geographic location, methodologies, theories, constructs, and managerial implications of the existing body of literature.

Results and Findings: The results reveal that a high proportion of the existing research has examined CSE sponsorship programmes in the United States. The majority of the articles reviewed collected cross-sectional data through questionnaires to investigate the outcomes of CSE sponsorship. Based upon the managerial implications advanced within the existing body of CSE sponsorship literature, event participation segmentation can assist in creating meaningful leverage initiatives. Furthermore, event sponsors are encouraged to share their underlying motivation to support the CSE and invite employees to volunteer at the event.

Implications: Future research should collect longitudinal data from event participants and use the scroll back method to examine CSE sponsorship programmes. Scholars should also adopt physiological measures as a complementary data source to self-reported data to create a more holistic understanding of CSE sponsorship.

Fechner, D., Filo, K., Reid, S., & Cameron, R. (2022). <u>A systematic literature review of charity sport event sponsorship</u>. *European Sport Management Quarterly*, 1-23. doi:10.1080/16184742.2022.2029524

Good Governance in Sport

This book fills an important gap in the sport governance literature by engaging in critical reflection on the concept of 'good governance'. It examines the theoretical perspectives that lead to different conceptualisations of governance and, therefore, to different standards for institutional quality.

It explores the different practical strategies that have been employed to achieve the implementation of good governance principles. The first part of the book aims to shed light on the complexity and nuances of good governance by examining theoretical perspectives including leadership, value, feminism, culture and systems. The second part of the book has a practical focus, concentrating on reform strategies, from compliance policies and codes of ethics to external reporting and integrity systems. Together, these studies shed important new light on how we define and understand governance, and on the limits and capabilities of different methods for inducing good governance.

With higher ethical standards demanded in sport business and management than ever before, this book is important reading for all advanced students and researchers with an interest in sport governance and sport policy, and for all sport industry professionals looking to improve their professional practice.

Geeraert, A., & Eekeren, F. v. (2021). Good Governance in Sport. London: Routledge.

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Community Sport and Social Inclusion: Enhancing Strategies for Promoting Personal Development, Health and Social Cohesion (1st ed.)

This book examines sport as an inclusive and developmental environment, exploring the conditions by which community sport initiatives can promote personal development, health and social cohesion, particularly for at-risk youth.

At the empirical core of the book is a multiple disciplinary study of community sport programmes in Flanders, Belgium, involving researchers from social sport sciences, social work, pedagogy and health care sciences. Drawing on this cutting-edge, realist research, the book considers the implications for sport development policy and practice around the world. The book considers community sport as a vehicle for promoting social inclusion, and the ways it allows people of all backgrounds and abilities to participate and access social and health benefits, whilst touching on key issues including monitoring and evaluation; exercise and health; youth welfare, and volunteering.

Theeboom, M., Schaillée, H., Roose, R., Willems, S., Lauwerier, E., & Bradt, L. . (2021). <u>Community Sport and Social Inclusion:</u> <u>Enhancing Strategies for Promoting Personal Development, Health and Social Cohesion (1st ed.):</u> Routledge.

2. Développement du loisir

Picturing Recreation: Newcomers' Perspectives on Experiences of Recreation

The process of resettlement in a new country represents a significant transition in a person's or family's life, during which there are many changes to their daily activities. While involvement in recreational activities may support such transitions, further exploration of leisure experiences, as defined subjectively by newcomers themselves, is needed. Using an exploratory, community-based participatory approach drawing on photovoice methods, focus groups, and individual interviews, this research project explored the meanings of recreation among newcomers in two communities, one rural and one urban, in Eastern Canada. Forty newcomers (n = 40), originally from 13 different countries, participated in the photovoice activities. Transcripts from three focus groups and five individual interviews were analyzed, first by site to create the photo exhibits and then across sites. Across the two sites, four sub-themes were identified: (1) continuity with, and freedom from, past activities and places; (2) being in and connecting with nature; (3) staying physically and mentally well; and (4) connecting and learning with others through reciprocity. These all contributed to the overarching theme developing a sense of belonging: a series of small encounters. The findings highlight the powerful role of recreation within the resettlement process, and highlight particularly the importance of small, informal recreational experiences that are woven into everyday lives and routines. Such experiences contribute to a sense of belonging for newcomers, thus assisting the resettlement process.

Lauckner, H., Gallant, K., Akbari, M., Tomas, G., Pride, T., & Hutchinson, S. (2022). <u>Picturing Recreation: Newcomers'</u>

<u>Perspectives on Experiences of Recreation</u>. *Journal of International Migration and Integration*. doi:10.1007/s12134-021-00921-2

3. Développement du plein air

The importance of green areas on human health

Today, the effects of green areas on human health and psychology are known by most people and it is thought that green has a relaxing effect on people. Considering the history, the importance given to green in the past also stands out. Green areas have become more important in today's Covid 19 pandemic period. In this study, the psychological and physical effects of green areas on human health, their positive and negative aspects, as well as the effects of universal problems such as environmental pollution, which is increasing day by day, on human health in our country and in the world will be examined, and issues such as the studies on green areas in our country and the number of green areas per person will also be discussed. Keywords: Green areas, sustainable environment, urban areas, human psychology.

Çakar, H., Gülgün, B., & Yazici, K. (2021). <u>The importance of green areas on human health.</u> International Symposium for Environmental Science and Engineering Research (ISESER) Tirana, Albania, June 11-13.

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New Scenarios For Safe Mobility In Urban Areas

This Special Issue contains a collection of sixteen extended papers from the XXV Living and Walking in Cities International Conference. It is a bi-annual conference aiming to gather researchers, experts, administrators, and practitioners and offer a platform for discussion about mobility and quality of life in urban areas, with a specific focus on vulnerable road users' safety. The aim is to exchange ideas, theories, methodologies, experiences, and techniques about policy issues, best practices, and research findings.

Papa, R. (2022). <u>New Scenarios For Safe Mobility In Urban Areas</u>. *Journal of Land Use, Mobility and Environment*(Special Issue 1). Retrieved from http://www.serena.unina.it/index.php/tema/issue/view/648

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Social Inclusion in Smart Cities

As the Smart City concept evolves, it necessarily incorporates more sustainability and inclusiveness features. New demands of citizens (such as participation in the decision-making processes and activities, and the need for services designed for minorities and excluded social groups) produce a paradigm shift in the sense of "Human Cities."

Padrón Nápoles, V. M., Gachet Páez, D., Esteban Penelas, J. L., García Pérez, O., Martín de Pablos, F., & Muñoz Gil, R. (2021). <u>Social Inclusion in Smart Cities</u>. In J. C. Augusto (Ed.), *Handbook of Smart Cities* (pp. 469-514). Cham: Springer International Publishing.

Accessible nature beyond city limits - A scoping review

The health and well-being benefits of nature contact are well known, but inequitably distributed across society. Focusing on the access needs of persons with a disability, the purpose of this study was to systematically examine research on the accessibility of nature-based tourism and recreation spaces outside of urban/community settings. Following a scoping review methodology, this study sought to examine policies, services, physical infrastructures, and regulatory standards intended to enable equitable use of nature-based settings by individuals of all ages and abilities, particularly persons with a disability. In total, 41 relevant studies were identified and analyzed.

Findings indicate that there are considerable gaps in the provision of services and information that enable self-determination in the use and enjoyment of nature, and that accessibility in nature-based settings is conceptualized through three interrelated policy/design pathways: the adaptation pathway, the accommodation pathway, and the universal design pathway. As a whole, accessibility policy and standards research specific to natural settings outside of urban/community settings is highly limited. Management implications There are growing calls to promote inclusive nature experiences in tourism and recreation spaces outside of community settings.

Management of such spaces must reconcile equity concerns with a host of other priorities like environmental conservation. In the case of promoting universal accessibility, few studies offer insight into the detailed standards that must be met to create barrier-free access, let alone how to integrate such standards with other management priorities. Transdisciplinary research partnerships that involve management personnel, environmental and public health researchers, and persons with a disability are needed to identify effective management synergies.

Groulx, M., Freeman, S., & Lemieux, C. (2022). <u>Accessible nature beyond city limits – A scoping review</u>. *Journal of Outdoor Recreation and Tourism*, *37*, 100490. doi:https://doi.org/10.1016/j.jort.2022.100490

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'Life is team play': social inclusion of people with intellectual disabilities in the context of Special Olympics

This article provides insights from an empirical study on the meaning of social inclusion for Finnish athletes with intellectual disabilities (ID) who participate in Special Olympics (SO). A further objective was to explore the athletes? perceptions of the role SO has played in their lives regarding their personal experiences of social inclusion. Data were transcripts of five focus group interviews carried out with a total of 31 participants during the last SO World Winter Games in 2017. The content was analysed with the aim of identifying the main themes in the athletes? conversations about social inclusion. Three main themes were identified: inclusion as a contrast to past discrimination; inclusion as receiving and providing assistance; and inclusion as participation in teamwork. The results indicate that SO and arguably sport more generally can assist people with ID in moving forward on a path from being excluded toward social inclusion.

Asunta, P., Hasanen, E., Kiuppis, F., Rintala, P., & McConkey, R. (2022). <u>'Life is team play': social inclusion of people with intellectual disabilities in the context of Special Olympics.</u> Sport in Society, 1-16. doi:10.1080/17430437.2022.2037565

Impact of Urban Park Design on Microclimate in Cold Regions using newly developped prediction method

With the acceleration of urbanization, the urban heat island phenomenon has attracted increasing attention. Urban parks play an important role for urban heat island mitigation. However, few studies were focusing on the impact of urban parks design on the urban microclimate. This research is based on the largest comprehensive park in Xi'an - Xingqing Palace Park. Measurement points in 20 locations with different urban morphological characteristics were selected to obtain typical summer weather characters (air temperature, relative humidity, wind speed, and wind direction). The value of the urban morphology parameters within different radii from the measuring points are measured to establish the relationship between urban planning and urban meteorology, and construct the prediction model using correlation analyses and regression analyses. The results showing that green coverage rate is an important factor affecting the urban microclimate. Meanwhile, building density and mean building height are affecting microclimate changes during nights, with a wide radius around the buildings. This research established a practical and feasible urban planning evaluation method by analyzing and selecting the urban morphology parameters that affecting urban microclimate for providing insights for mitigating the urban heat island effects and improving the urban microclimate.

Fu, J., Wang, Y., Zhou, D., & Cao, S.-J. (2022). <u>Impact of Urban Park Design on Microclimate in Cold Regions using newly developped prediction method</u>. *Sustainable Cities and Society, 80,* 103781. doi:10.1016/j.scs.2022.103781

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Locating park-and-ride facilities for resilient on-demand urban mobility

Urban transport networks, yet essential, are frequently impacted by recurrent disruptions such as public transport failures, adverse weather or strikes. Flexible transit systems can be used to limit the impacts of recurrent disruptions on urban mobility. In this study, we examine the potential of on-demand park-and-ride systems to complement an existing transport infrastructure and improve network resilience. We formulate a stochastic park-and-ride facility location problem which captures the entire user trip chain from the origin to the destination via pick up and drop off nodes in a mobility network. We use a Logit model to capture users' mode choice between paths in the park-and-ride system and a reserve travel option. Stochastic scenarios are used to represent varying traffic conditions to recurrent disruptions. The goal is to maximize the expected ridership in the park-and-ride system by identifying the optimal location of pick up and drop off facilities and accounting for users' mode choice. We develop a customized Lagrangian relaxation algorithm to solve the resulting mixed-integer programming problem on large scale instances and quantify its performance through a sensitivity analysis by comparing it against a direct mixed-integer linear programming approach. Numerical results are presented on realistic instances generated based on the city of Lyon, France. Our findings show that the proposed methodology can provide key insights to support the deployment of park-and-ride systems and improve network resilience by capturing a significant proportion of users under disrupted traffic conditions.

Henry, E., Furno, A., El Faouzi, N.-E., & Rey, D. (2022). <u>Locating park-and-ride facilities for resilient on-demand urban mobility</u>. *Transportation Research Part E Logistics and Transportation Review, 158*, 102557. doi:10.1016/j.tre.2021.102557

Critical discourse analysis of urban park and public space development

Public urban parks are valued community amenities and an integral part of an environmentally just society. Given increasing concerns of gentrification associated with urban parks, this paper critically analyzed the discourse of urban park development to understand its main message, rhetorical devices, and potential to affect praxis. I find current discourse surrounding park development overstates the ability of public urban parks to reverse trends in social stratification while understating the possible downsides to urban park development. The discourse of 'parks-as-social-healers' is produced by urbanists with significant sociopolitical power in their respective fields who use three distinct discursive tools to enhance the discourse's utility and efficacy. Using the power and influence of wealthy foundations to back up their claims, this discourse exerts hegemonic influence on urban public space development. Downplaying gentrification and exaggerating social benefits—hallmarks of this discourse—can lead to environmental injustices, potentially exacerbating park access disparities.

Mullenbach, L. (2021). <u>Critical discourse analysis of urban park and public space development.</u> *Cities, 120,* 103458. doi:10.1016/j.cities.2021.103458

4. Développement de l'activité physique

Decreasing Physical Inactivity Among Adolescents

Adolescents in the United States have become complacent about being involved in an adequate amount of physical activity and consuming a healthy diet. This has led to adolescents having health issues such as overweight status and obesity. The U.S. Department of Health and Human Services Centers for Disease Control and Prevention made recommendations for adolescents to maintain an adequate level of physical activity and to consume a healthy diet. In this study I hypothesized that students who were surveyed in the 2017 Youth Risk Behavior Survey who practiced both physical activity and healthy diet recommendations together would have a lower incidence of overweight status and obesity and report receiving higher grades during the past 12 months significantly more compared to students who practiced only physical activity recommendations alone or who practiced only healthy diet recommendations alone. I received results for the Chi-square analysis that were inconclusive for a sample of 191 students. In my report of the results that I received for a large sample of 14765 students I indicated my hypothesis was not supported for overweight status and obesity. My hypothesis was supported for the large sample of 14765 students for reporting higher grades during the past 12 months. Further research is warranted with composite scales which more clearly identify the variables in question. Information that I received from this study could be used for developing multicomponent invention for improving academic performance among high school students.

Ware, A. (2021). <u>Decreasing Physical Inactivity Among Adolescents</u>. (Doctor of Philosophy). Walden University, Minneapolis, Minnesota. Retrieved from https://www.proquest.com/docview/2618940481?pq-origsite=gscholar&fromopenview=true

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Physical Activity and Health: The Evidence Explained (3rd ed.)

Physical Activity and Health explains clearly, systematically and in detail the relationship between physical activity, health and disease, and examines the role of exercise in the prevention and management of a wide range of important conditions. Now in a fully updated and expanded third edition, this is the most complete and engaging textbook on the subject. It offers a balanced examination of the latest evidence linking levels of physical activity with the risk of mortality, cardiovascular diseases, diabetes, obesity, cancer, osteoporosis and dementia. Designed to help the reader evaluate the quality of the evidence, the book includes an invaluable discussion of common study designs and the inherent difficulties of measuring physical activity. It examines the evidence in relation to child and adolescent health, older adults, hazards of exercise, sedentary behaviour, public health policy and, in a new chapter, mental health, and an epilogue considers the emerging evidence regarding the significance of physical activity and COVID-19.

Containing chapter summaries, study tasks, guides to supplementary reading, a glossary of key terms and an abundance of figures and tables, Physical Activity and Health is an essential course text, and important reading for undergraduate, masters and postgraduate research students of sport and exercise science, public health, physical therapy, medicine and nursing.

Stensel, D. J., Hardman, A.E., & Gill, J.M.R. . (2021). *Physical Activity and Health: The Evidence Explained (3rd ed.)*: Routledge.

5. Sécurité et intégrité dans les sports

Coach-athlete sexual relationships: A coach's perspective

Coach-athlete sexual relationships where both parties are of legally consenting age exist, yet are understudied. The definitional ambiguity of coach-athlete sexual misconduct and harassment, appropriate boundaries, and consent create an uncertainty about how to view and navigate these relationships on micro and macro levels. The primary purpose of the current study was to explore the likelihood of these relationships occurring in the United States. As a result, previously unknown knowledge about the attitudes and experiences of coaches was gained. A sample of 77 coaches completed an anonymous, online survey, which consisted of a demographic questionnaire and a survey on sexual relationships. The entire survey ranged from 10 to 28 items, depending on how the participants responded. Overall, coaches did not endorse positive attitudes towards coach-athlete sexual relations. Consistent with the literature, coaches exhibited a degree of inconsistency when evaluating the appropriateness of certain sexual behaviors and the conditions in which they can take place.

The results also indicated a discrepancy between how coaches wish to be supported on this matter and how they'd like governing bodies to intervene. Although coaches generally reported negative attitudes towards the appropriateness and harmfulness of coach-athlete sexual relations, two male coaches reported engaging in such a relationship. Conversely, 46 coaches reported having personal knowledge of another coach engaging in a sexual relationship with one of their athletes. The preliminary findings of this study reinforced the dissonance within the sports community in the United States about coach-athlete sexual relations.

Spiegel, M. E. (2022). <u>Coach-athlete sexual relationships: A coach's perspective</u>. (Doctor of Psychology). Alliant International University, Los Angeles. Retrieved from https://www.proquest.com/docview/2626201265?pq-origsite=gscholar&fromopenview=true

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Characteristics of sexual harassment: Perceptions of intercollegiate coaches and athletes

The purpose of this study was to identify what characteristics and actions of a coach can be perceived as sexual harassment. There is a focus on female college athletes due to much of the existing literature focusing here. Elite female athletes are at the highest risk for sexual harassment and abuse from their coach. This study is building off a former study done by Fejgin and Hanegby in 2001 with application to American athletes.

There will also be the addition of coaches surveyed which will allow the comparison of answers. It was found that all athletes and coaches' perceptions are not all that different. Many of the actions seen as harassment by female athletes were also seen as this by the coaches surveyed. Future research should explore the possibilities of different dyads of victims and abuser, larger population sample and different divisions of athletics.

Moeller, C. L. (2021). <u>Characteristics of sexual harassment: Perceptions of intercollegiate coaches and athletes.</u> (Master of sport administration). Arkansas State University, Arkansas. Retrieved from https://www.proquest.com/docview/2626243556?pq-origsite=gscholar&fromopenview=true

Change the Game Research: A study focused on sport access, engagement, and equity factors in the wake of the pandemic

Recent global events have further heightened attention on societal inequities related to the status of women and girls and both Black and Indigenous communities. Considered as a whole, the pandemic and other current events have both exacerbated and raised awareness of pre-existing disparities across race, gender, ability, income level, and geographies regarding opportunity and capacity to engage in sport. In response, sport programming organizations, policymakers, and funders are planning for a restart to the youth sport economy and are advocating to rebuild the sector despite many experiencing a severely depleted resource base. Equity research in the Canadian sport context to date has frequently emphasized age and gender distinctions, but the availability of sufficient data to support meaningful insights related to race, geography, household income, and other intersecting aspects of marginalization have been limited.

Foundation, M. (2021). Change the Game Research: A study focused on sport access, engagement, and equity factors in the wake of the pandemic. Retrieved from https://assets.website-files.com/5eb9ca182f6df037590c28ea/60f5a049b617f857b0d14be4_Change%20The%20Game%20Research_FINAL .pdf

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Sport, migration and integration in Denmark: local political responses and policies in Copenhagen

Denmark in recent years has seen a significant increase in immigration. The topic has become a major political issue, due mainly to the rise of far-right political parties that advocate not only for a more restrictive immigration policy, but also for an assimilation strategy for those migrants currently resident in the country. Using the Advocacy Coalition Framework (ACF), the aim of this article is to analyse the role of sport policy in Copenhagen as an instrument for the social integration of migrants between 2010 and 2018. This paper focuses on female immigrants and women-only swimming, exploring the impact on policy of the interactions between national, municipal and sports club policy actors.

The main findings of the research are: a) sport was identified in Copenhagen as an important vehicle for the inclusion of recent migrants into communal associationalist life and their introduction to Danish societal values and norms; b) the Municipality of Copenhagen was granted by central government considerable autonomy in interpreting their responsibilities and collaborated closely with sports clubs in the design and delivery of sports programmes related to immigrants; c) two competing advocacy coalitions were identified, one favouring inclusion through assimilation and the other integration through multiculturalism; d) the assimilationist coalition was composed of centre-right and far-right political parties. As these parties controlled the municipal sport department, it was the sports clubs that pursued a multicultural policy; and e) the issue of gender-segregated swimming was a focal issue for disputes over approaches to integration.

Chatzopoulos, I. (2022). Sport, migration and integration in Denmark: local political responses and policies in Copenhagen. International Journal of Sport Policy and Politics, 14(1), 53-69. doi:10.1080/19406940.2021.1996436

Transgender Inclusion in Sport

Questions about transgender individuals' place in sport persist. Therefore, the purpose of this paper was to focus on transgender inclusion in sport. Drawing from varied perspectives, the authors present five reasons for inclusion, basing their arguments on sport as a human right, fairness, gendered notions of athleticism, well-being, and economics. The authors then present a multilevel model for including transgender athletes, coaches, and administrators in sport, identifying factors at the macro-, meso-, and micro-levels of analysis.

Cunningham, G. B., Isard, R., & Melton, E. N. (2022). <u>Transgender Inclusion in Sport</u>. *Kinesiology Review, 11*(1), 64-70. doi:10.1123/kr.2021-0040

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Esports anti-doping advocates and their strange bedfellow: A matter of integrity and sport ethics

Aucun résumé disponible.

Lopez Frias, F. J. (2022). Esports anti-doping advocates and their strange bedfellow: A matter of integrity and sport ethics.

*Performance Enhancement & Health, 10(1), 100216. doi:https://doi.org/10.1016/j.peh.2021.100216

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Introduction to the Special Issue on Diversity and Inclusion in Sport Management Education

In her 1993 North American Society for Sport Management Earle F. Zeigler address, the late Dr. Joy DeSensi asserted that "the education of future sport management leaders regarding multiculturalism is critical" (DeSensi, 1994, p. 69). She highlighted the need for future sport management professionals to have intercultural competence and sensitivity, to value diversity, and to gain an understanding of interpersonal relations. To have bold, *inclusive* conversations, we must first acknowledge that there are systemic inequalities that have a profound influence on people's personal and professional experiences and outcomes. We cannot ignore the historical and current realities that perpetuate discrimination and inequality. Nor can we ignore the unique talents, knowledge, voices, abilities, and experiences that people of diverse races, ethnicities, sex, gender, religions, sexual orientations, and disabilities bring to the table.

McDowell, J., Pickett, A. C., & Pitts, B. G. (2022). <u>Introduction to the Special Issue on Diversity and Inclusion in Sport Management Education</u>. *Sport Management Education Journal*, 1-3. doi:10.1123/smej.2022-0006

Australian Transgender Guidelines for Sport, Part 2: Implications for Female Competition Integrity

This second paper examines the implications that recent Australian participation guidelines for transgender and gender diverse people have for the integrity of female sport. A controversial aspect of these guidelines is that trans women (biological males who identify as female) are now eligible to play in female competitions based on their declared gender identity. Our first paper reviewed the inherent and enduring physique and performance superiority of biological males despite gender transitioning, leading to unfairness and safety concerns for natal female competitors in the same events. This paper looks deeper into concerns about how inclusion based on gender identity in sport is not without consequences for the integrity of female sport as a social good. We address matters such as the worth of performance records, role models, sports career opportunities, regulatory imposts on sport and volunteers, and diversion of scarce resources within sport for regulatory compliance. We concluded that for female sport, competitor eligibility based on gender identity is not the solution to complex and important social issues of identity, social justice, and human rights. We urge that sporting bodies in Australia pay heed to these genuine concerns within female sport and devise fairer solutions to inclusion and sport for all that do not compromise the integrity of female sport.

Helen Parker, B. H., Elizabeth Rose. (2022). <u>Australian Transgender Guidelines for Sport, Part 2: Implications for Female Competition Integrity</u>. *The International Journal of Sport and Society, 13*(1), 55-70. Retrieved from https://cgscholar.com/bookstore/works/australian-transgender-guidelines-for-sport-part-2?category_id=cgrn&path=cgrn%2F282%2F287