

# Biosafety Action



Exposure to biohazards can happen in the following ways:



**ABSORPTION**  
(through eyes, mucosa, and/or skin)



**INGESTION**  
(through mouth)



**INHALATION**  
(through nose and/or mouth)



**INJECTION**  
OR PUNCTURE WOUND

## How to protect yourself and others when using biohazards

### Do:

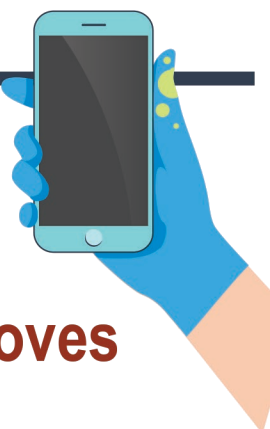
- + Tie back long hair
- + Wear safety glasses (no contact lenses)
- + Wear gloves
- + Wear lab coat
- + Wear closed-toe shoes

Remember to always wash hands and decontaminate workspaces after all activities!



### Don't:

- Touch personal items with contaminated gloves
- Create fine sprays with biohazards
- Bring food into work areas
- Bend, shear, and/or recap used needles



**LEARN MORE!**

To learn more, visit <https://training-formation.phac-aspc.gc.ca/?lang=en> for free instructional courses, videos and other tools.



Public Health  
Agency of Canada

Agence de la santé  
publique du Canada

Canada